

Live. Life. Vibrantly.

All-inclusive, senior living is within your reach.

New hobbies. No chores. Local adventures. No dishes. Volunteering with your favorite nonprofit.

However you imagined retirement, it's waiting for you at Solstice.

Solstice residents enjoy a carefree environment shaped by our all-inclusive approach, industry-leading dining and activities programs, and our long list of benefits. Leave the normal burdens of owning or renting a home behind.

You'll keep your independence, even if you need some help. We proudly partner with home-duty, personal care professionals and home-care agencies to offer you a range of personal care services like medication assistance, transportation, therapy and more based on your needs.

Say yes ...

you deserve it.



Dining makes a difference.

Our Elevate[®] dining program combines traditional and contemporary cooking with your favorite local and home-style meals to ensure your dining experiences are innovative and engaging. Enjoy a warm and comfortable dining room staffed by an experienced culinary team. Your on-site chef pays masterful attention to detail, explores new seasonal dishes and accents your meals with the Solstice signature touch.

We create delightful dining experiences based on your personal tastes by creating unique, flavorful menus with a variety of scratch-made options.





BE VIBRANT. BE YOU.

Solstice residents embrace independence while enhancing connections to family, friends, the community and personal passions with Vibrant Life®, our industryleading resident engagement program.

Our host of optional day trips and activities allows you to expand your interests, routines and abilities. At Solstice, you will be as inspired, challenged and adventurous as you wish.



Seven Components of a Vibrant Life® at Solstice Senior Living



BE INSPIRED Gain a deeper sense of spirituality and feed the soul!



BE ADVENTUROUS Try something new every day, explore and experience the unique!



BE WELL Intellectual stimulation, get moving and stay active!



BE FAMILY Cherish family connections, share and continue family traditions!

BE CHALLENGED Ignite competitive spirit, learn, grow and be motivated!



BE SOCIAL Embrace friendships, celebrate the moments, talk, laugh and listen!



BE CONNECTED Engage in meaningful community involvement, share experiences and expertise!

WELLNESS PROGRAM

At Solstice, we believe resident choice is the key ingredient to quality senior living. We partner with a variety of health care agencies to empower seniors who need care services to live independently while paying only for the care they need. That's the Solstice Wellness Program.

The Solstice Guarantee: If you or a loved one is interested in learning more about The Solstice Wellness Program, we will schedule a meeting in the next 24 hours to discuss in detail the home care services available in our community via our partner agencies.

The Solstice Wellness Program benefits seniors who may be:

- In need of some assistance but prefer an independent living setting.
- Not as confident or feeling lonely living at home alone.
- Participating in or exiting rehabilitation.
- Concerned about unplanned health care costs.
- Feeling burdened with homeownership.

All-inclusive, senior living is within your reach.

Ze You. Live Life Vibrantly.



Located outside of Seattle, Washington, Solstice Senior Living at Renton offers residents easy access to adventure, entertainment and shopping. With proximity to Lake Washington and Coulon Beach Park, you'll take in the beauty of the outdoors with friends. Family members and caregivers find comfort in the availability of on-site personal care professionals and our proximity to both Valley and Overlake Hospital medical centers.

Need some extra care? We partner with homeduty, personal care professionals and home-care agencies to offer assistance with activities of daily living, like medication reminders, shower assist and more. You can stay in our community even if your care needs change.

If you or a loved one is looking for an independent living community that supports residents in living a vibrant life on their own terms, we'd love to meet you.



AT RENTON

Solstice Senior Living at Renton 1414 Monroe Avenue NE, Renton, WA 98056 (833) 519-3471 SolsticeSeniorLivingRenton.com



The joy of an all-inclusive lifestyle is writing just one check a month and having life's daily details taken care of for you. Here are some of the things your Solstice experience will include:

Living Spaces

Spacious Apartments – Plenty of room to personalize your home

Kitchenettes – Your place for your favorite treats

Utilities Included – No more surprise bills

Cable TV – You watch, we pay

Weekly Housekeeping – We take care of the cleaning, so you can enjoy life

Scheduled Local Transportation – Enjoy group outings or schedule a ride to an appointment

Complimentary Laundry Facilities – No need for coins

Personalized Home Health Care – Assistance with activities of daily living

Pet-Friendly – Sometimes our best friends have fur

Lively™ Mobile Plus – 5Star Urgent Response Service from GreatCall®

Safety Measures – Touchless disinfection, touchless temperature scanners and airpurifying filtration

MeMD Telehealth Services – Access the expertise of medical professionals at your convenience

Solstice Senior Living at Renton 1414 Monroe Avenue NE, Renton, WA 98056 (833) 519-3471 SolsticeSeniorLivingRenton.com

Community Spaces

Beauty Salon – To stay looking your best without having to go far

Fitness Center – Equipped with various machines to comply with all exercise levels

Media Rooms – Catch a flick with friends

Library – Cozy, intimate setting for reading a good book

Game and Activity Rooms – The whole community is your living room

Landscaped Gardens – Enjoy them from your window or on a walk

Private Dining Room – Continue family traditions

Restaurant-Style Dining with Dietitian-Approved Menus – Balanced and nutritious cuisine

Worship Center – Continue your spiritual and religious well-being







Solstice Senior Living at Renton offers several floor plan choices to suit your needs.



A5 Studio 359–496 SQ FT



A9 Large Studio 523 SQ FT



B1 One Bedroom 478–545 SQ FT





B2 One Bedroom 478–545 SQ FT

Solstice Senior Living at Renton 1414 Monroe Avenue NE, Renton, WA 98056 (833) 519-3471 SolsticeSeniorLivingRenton.com

C1 Two Bedroom 916 SQ FT