

	be vibrant life				July 2020 Solstice Senior Living at Renton	
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
SOLSTICE SENIOR LIVING AT RENTON	1414 Monroe Ave NE Renton, WA 98056 425-226-3312	Location KeysAtriumATRBus TripBUSDining RoomDRGame LoftGLTelevision RoomTVVibrant Life RoomVLR	9:30 ♥ Doctor Appointments [BUS] 9:30 ♥ Sit & Be Fit [GL] 10:00 ♥ Walk a Lap (on your own)	10:00 ♥ Walk a Lap (on your own) 6:30 ₱ Wheel of Fortune (Activity Room) [VLR]	(on your own) 2:00 ● Country Store (2:00-3:00PM; Enter 1 at a time) [TV]	Independence Day410:00 ♥ Walk a Lap (on your own)11:00 ♥ Zumba Everywhere12:00 4th of July Lunch!2:30 ♥ "Walk a Lap" - Popcorn Prize6:30 ₱ Bingo (Game Loft) [GL]
Happy Birthday Dianne Bookter510:00 ♥ Walk a Lap (on your own)11:00 ★ Resident-led Worship Service [DR]	All events listed MUST have a maximum of 10 people, who are 6 feet apart and wearing a mask. All equipment etc. must be disinfected. 9:30 ♥ Sit & Be Fit [GL] 10:00 ♥ Walk a Lap (on your own)	10:00 ♥ Walk a Lap (on your own) 2:30 ₱ Wii Bowling (TV Room) [TV]	Appointments [BUS] 10:00 🎔 Walk a Lap (on	10:00 ♥ Walk a Lap (on your own) 6:30 ₱ Wheel of Fortune (Activity Room) [VLR]	Warren 10:00 ♥ Walk a Lap (on your own) 2:00 ● Country Store (2:00-3:00PM; Enter 1 at a time) [TV]	10:00 ♥ Walk a Lap (on your own) 11:00 ♥ Zumba Everywhere 2:30 ♥ "Walk a Lap" - Popcorn Prize 6:30 ₱ Bingo (Game Loft) [GL]
Happy Birthday 12 Nancy Leyerle 10:00 ♥ Walk a Lap (on your own) 11:00 ★ Resident-led Worship Service [DR]	people, who are 6 feet apart and wearing a mask. All equipment etc. must be disinfected. 10:00 ♥ Walk a Lap (on your own)	10:00 ♥ Walk a Lap (on your own) 11:00 ₱ Wii Bowling (TV Room) [TV]	Appointments [BUS] 9:30 🂛 Sit & Be Fit [GL]	10:00 ♥ Walk a Lap (on your own) 6:30 ₱ Wheel of Fortune (Activity Room) [VLR]	(on your own) 2:00 Country Store (2:00-3:00PM; Enter 1 at a time) [TV]	10:00 ♥ Walk a Lap (on your own) 11:00 ♥ Zumba Everywhere 2:30 ♥ "Walk a Lap" - Popcorn Prize 6:30 ₱ Bingo (Game Loft) [GL]
10:00 ♥ Walk a Lap (on your own) 11:00 ★ Resident-led Worship Service [DR]	All events listed MUST have a maximum of 10 people, who are 6 feet apart and wearing a mask. All equipment etc. must be disinfected. 10:00 ♥ Walk a Lap (on your own) 2:30 ₱ Horse Racing (Game Loft) [GL]	10:00 🎔 Walk a Lap (on your own) 2:30 🏴 Wii Bowling (TV Room) [TV]	9:30 Coctor 22 Appointments [BUS] 9:30 Sit & Be Fit [GL] 10:00 Walk a Lap (on your own)	Happy Birthday Hallie Franklin 10:00 ♥ Walk a Lap (on your own) 6:30 ₱ Wheel of Fortune (Activity Room) [VLR]	(on your own) 2:00 Country Store (2:00-3:00PM: Enter	10:00 ♥ Walk a Lap (on your own) 11:00 ♥ Zumba Everywhere 2:30 ♥ "Walk a Lap" - Popcorn Prize 6:30 ₱ Bingo (Game Loft) [GL]
10:00 ♥ Walk a Lap (on your own) 11:00 ★ Resident-led Worship Service [DR]	All events listed MUST 27 have a maximum of 10 people, who are 6 feet apart and wearing a mask. All equipment etc. must be disinfected. 9:30 ♥ Sit & Be Fit [GL] 10:00 ♥ Walk a Lap (on your own)	10:00 ♥ Walk a Lap (on your own) 11:00 ₱ Wii Bowling (TV Room) [TV]	9:30 © Doctor 29 Appointments [BUS] 10:00 © Walk a Lap (on your own) 2:30 P Bingo (Game Loft) [GL]	Lap (on your own)	10:00 ♥ Walk a Lap (on your own) 2:00 ● Country Store (2:00-3:00PM; Enter 1 at a time) [TV] 3:30 ◙ Bean Bag Baseball (Atrium) [ATR]	 Be Adventurous Be Challenged Be Connected Be Inspired Be Social Be Well