


Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
	1414 Monroe Ave NE Renton, WA 98056 425-226-3312	9:30 ♥ Walk a Lap (on your own) <b>1</b> 11:00 🚩 Independent Rehab Balance Class (Sign Up)(5 or less, wear a mask, 6 ft apart)	9:30 ♥ Doctor Appointments <b>2</b> 9:30 ♥ Walk a Lap (on your own) 1:00 🗣️ Family Facetimes! (Sign Up) 6:30 🚩 Bingo (Activity Room) (10 or less, wear a mask, 6 ft apart) [VLR]	9:00 Gold Key Event <b>3</b> 9:30 ♥ Walk a Lap (on your own) 2:00 ♥ Hallway Chair Exercises (3rd Floor - South Wing) 6:45 🦋 Wheel of Fortune (Activity Room)(10 or less wear a mask, 6 ft apart) [VLR]	8:00 📷 <b>Favorite Sports Team Day</b> <b>4</b> 9:30 ♥ Walk a Lap (on your own) 10:00 ♥ <b>Flu Shot Clinic (10am-2pm)</b> 1:30p 📍 Country Store (enter 1 at a time/wear a mask) [TV]	9:30 ♥ Walk a Lap (on your own) <b>5</b> 10:00 🦋 Videos to Friends & Family (10am-12pm) 11:00 ♥ Zumba Everywhere 2:30 🦋 "Walk a Lap" - Snack Prize 6:30 🚩 Bingo (Activity Room) (10 or less wear a mask, 6' apart) [GL]	
	9:30 ♥ Walk a Lap (on your own) <b>6</b> 11:00 ★ Resident-led Worship Service (10 or less wear a mask 6' apart) [DR]	<b>Happy Birthday Shirley Smith!</b> <b>7</b> <b>Labor Day</b> 9:30 ♥ Walk a Lap (on your own) 2:30 🚩 Horse Racing (Game Loft) (10 or less wear a mask 6'apart) [GL]	<b>National Grandparents Day!</b> <b>8</b> 9:30 ♥ Walk a Lap (on your own) 11:00 🚩 Independent Rehab Balance Class (Sign Up) 2:00 🗣️ <b>Window Games with Grandchildren!</b>	9:30 ♥ Doctor Appointments <b>9</b> 9:30 ♥ Walk a Lap (on your own) 1:00 🗣️ Family Facetimes! (Sign Up) 6:30 🚩 Bingo (Activity Room) (10 or less, wear a mask, 6 ft apart) [VLR]	<b>Jamaica Day</b> <b>10</b> 9:30 ♥ Walk a Lap (on your own) 10:15 🗣️ <b>Jamaican Activities Cart</b> 6:45 🦋 Wheel of Fortune (Activity Room)(10 or less wear a mask, 6 ft apart) [VLR]	<b>National Day of Service and Remembrance</b> <b>11</b> 8:00 📷 <b>Wear Stripes Day</b> 9:30 ♥ Walk a Lap (on your own) 1:30p 📍 Country Store (enter 1 at a time/wear a mask) [TV]	<b>Happy Birthday Dan Nelson!</b> <b>12</b> 9:30 ♥ Walk a Lap (on your own) 10:00 🦋 Videos to Friends & Family (10am-12pm) 11:00 ♥ Zumba Everywhere 2:30 🦋 "Walk a Lap" - Snack Prize 6:30 🚩 Bingo (Activity Room) (10 or less wear a mask, 6' apart) [GL]
	9:30 ♥ Walk a Lap (on your own) <b>13</b> 11:00 ★ Resident-led Worship Service (10 or less wear a mask 6' apart) [DR]	<b>National Cream Filled Donut Day!</b> <b>14</b> 9:30 ♥ Walk a Lap (on your own) 10:15 📷 <b>Books &amp; Cream Filled Donuts Cart</b> 2:30 🚩 Horse Racing (Game Loft) (10 or less wear a mask 6'apart) [GL]	<b>Happy Birthday Fred Seidl!</b> <b>15</b> <b>National Make a Hat Day</b> 9:30 ♥ Walk a Lap (on your own) 10:15 📷 <b>Hat Cart Traveling to Floors</b> 11:00 🚩 Independent Rehab Balance Class (Sign Up)	<b>Mexican Independence Day</b> <b>16</b> 9:30 ♥ Doctor Appointments 9:30 ♥ Walk a Lap (on your own) 1:00 🗣️ Family Facetimes! (Sign Up) 3:00 🚩 <b>Mexican Bingo (Activity Room) (10 or less, wear a mask, 6 ft apart) [VLR]</b>	<b>Happy Birthday Stefonay Sinclaire!</b> <b>17</b> 9:30 ♥ Walk a Lap (on your own) 2:00 ♥ Hallway Chair Exercises (3rd Floor - South Wing) 6:45 🦋 Wheel of Fortune (Activity Room)(10 or less wear a mask, 6 ft apart) [VLR]	<b>Flannel Day</b> <b>18</b> 9:30 ♥ Walk a Lap (on your own) 1:30p 📍 Country Store (enter 1 at a time/wear a mask) [TV]	<b>Happy Birthday Maureen! (Staff)</b> <b>19</b> <b>National Dance Day</b> 9:30 ♥ Walk a Lap (on your own) 10:00 🦋 Videos to Friends & Family (10am-12pm) 11:00 ♥ Zumba Everywhere 2:30 🦋 "Walk a Lap" - Snack Prize 6:30 🚩 Bingo (Activity Room) (10 or less wear a mask, 6' apart) [GL]
	9:30 ♥ Walk a Lap (on your own) <b>20</b> 11:00 ★ Resident-led Worship Service (10 or less wear a mask 6' apart) [DR]	9:30 ♥ Walk a Lap (on your own) <b>21</b> 2:30 🚩 Horse Racing (Game Loft) (10 or less wear a mask 6'apart) [GL]	<b>National Pizza Day</b> <b>22</b> 9:30 ♥ Walk a Lap (on your own) 11:00 🚩 Independent Rehab Balance Class (Sign Up) 2:00 🦋 <b>Beer &amp; Pizza Bite Cart</b>	<b>Happy Birthday Judy Woods!</b> <b>23</b> 9:30 ♥ Doctor Appointments 9:30 ♥ Walk a Lap (on your own) 1:00 🗣️ Family Facetimes! (Sign Up) 6:30 🚩 Bingo (Activity Room) (10 or less, wear a mask, 6 ft apart) [VLR]	<b>Happy Birthday Irene Peterson!</b> <b>24</b> 9:30 ♥ Walk a Lap (on your own) 2:00 ♥ Hallway Chair Exercises (3rd Floor - South Wing) 6:45 🦋 Wheel of Fortune (Activity Room)(10 or less wear a mask, 6 ft apart) [VLR]	<b>Happy Birthday Lois Coates!</b> <b>25</b> 8:00 📷 <b>Baseball Hat Day</b> 9:30 ♥ Walk a Lap (on your own) 1:30p 📍 Country Store (enter 1 at a time/wear a mask) [TV]	<b>Happy Birthday Bernie! (Staff)</b> <b>26</b> 9:00 📍 <b>Car Care Courtesy Check (Off Campus)</b> 9:30 ♥ Walk a Lap (on your own) 10:00 🦋 Videos to Friends & Family (10am-12pm) 11:00 ♥ Zumba Everywhere 2:30 🦋 "Walk a Lap" - Snack Prize 6:30 🚩 Bingo (Activity Room) (10 or less wear a mask, 6' apart) [GL]
	<b>Happy Birthday Walter Corneto!</b> <b>27</b> 9:30 ♥ Walk a Lap (on your own) 11:00 ★ Resident-led Worship Service (10 or less wear a mask 6' apart) [DR]	<b>Happy Birthday Claude Cole!</b> <b>28</b> 9:30 ♥ Walk a Lap (on your own) 2:30 🚩 Horse Racing (Game Loft) (10 or less wear a mask 6'apart) [GL]	<b>Happy Birthday Dan Dahlquist!</b> <b>29</b> 9:30 ♥ Walk a Lap (on your own) 10:15 ★ <b>Make Dog Toys for the Shelter! (Cart)</b> 11:00 🚩 Independent Rehab Balance Class (Sign Up)	<b>Happy Birthday Marguerite Smith!</b> <b>30</b> 9:30 ♥ Doctor Appointments 9:30 ♥ Walk a Lap (on your own) 1:00 🗣️ Family Facetimes! (Sign Up) 6:30 🚩 Bingo (Activity Room) (10 or less, wear a mask, 6 ft apart) [VLR]	<b>Location Keys</b> Dining Room DR Game Loft GL Television Room TV Vibrant Life Room VLR 📷 Be Adventurous 🚩 Be Challenged 📍 Be Connected 🗣️ Be Family ★ Be Inspired 🦋 Be Social ♥ Be Well		