

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



Location Keys

- Atrium ATR
- Bus Trip BUS
- Dining Room DR
- Game Loft GL
- Library LIB
- Television Room TV
- Vibrant Life Room VLR

- Be Adventurous
- Be Challenged
- Be Connected
- Be Family
- Be Inspired
- Be Social
- Be Well

Resident Birthdays

- Frank F. 2/4
- Ina B. 2/12

<p>9:15 Eight Ball [GL]</p> <p>11:00 Catholic Communion [TV]</p> <p>11:00 Church Service [ATR]</p> <p>2:00 Movie Matinee [TV]</p> <p>3:00 Super Bowl Get Together [GL]</p> <p>4:30 Laughter Yoga- Is a new form of exercise akin to internal jogging that promotes the use of laughter as a form of physical exercise. It has Many health benefits for physical and mental wellness. [VLR]</p> <p>5:00 Piano Music [DR]</p> <p>6:30 Wheel of Fortune- This game is a competition in which players solve word puzzles, similar to those used in Hangman. [VLR]</p>	<p>9:15 Blood Pressure Check</p> <p>9:45 Exercise [GL]</p> <p>11:00 Visionworks- You are encouraged to bring in your glasses for any adjustments, screws replaced or tightened, lens cleaning and nose piece replacements. This is a FREE service. [GL]</p> <p>2:30 Fall Prevention Class-This is a 8 week course. [GL]</p> <p>3:30 Bean Bag Baseball-Lots of laughs together! Competition is stiff, and home runs are frequent but most importantly, we get some exercise and have a really fun time! [ATR]</p> <p>6:45 Texas Hold 'Em [VLR]</p> <p>6:45 Eight Ball [GL]</p>	<p>9:00 Massages-If you would like to get an in room massage please sign up on the clipboard in the activity room. Space is limited. This is a paid service</p> <p>9:30 Exercise [GL]</p> <p>10:00 Funny Money Banking [VLR]</p> <p>2:00 Wii Bowling [GL]</p> <p>3:00 Ambassador Club [TV]</p> <p>6:45 Wheel of Fortune- This game is a competition in which players solve word puzzles, similar to those used in Hangman. [VLR]</p> <p>6:45 Six-Handed Pinochle [LIB]</p>	<p>9:15 Blood Pressure Check</p> <p>9:45 Mystery Trip [BUS]</p> <p>9:45 Exercise [GL]</p> <p>1:30 Avon For Sale [ATR]</p> <p>1:45 Rite Aid [BUS]</p> <p>3:00 Horse Racing [GL]</p> <p>6:45 Bingo [VLR]</p>	<p>9:30 Exercise [GL]</p> <p>10:30 Bible Study [TV]</p> <p>11:00 Chef's Corner</p> <p>2:00 Shuffleboard- Game rules are easy to learn and understand and are designed to keep the game fun. [GL]</p> <p>2:30 Nails</p> <p>4:15 Entertainment- Larry Schacher [DR]</p> <p>6:45 Wii Bowling [GL]</p>	<p>Groundhog Day</p> <p>9:30 Exercise [GL]</p> <p>11:00 Pokeno- is a combination of poker and bingo, played like bingo. Instead of playing with a standard bingo card everyone uses a Pokeno card, which has card names and suits on it. As card names are called out, players cover the cards with their poker chips until one of them wins the game. [LIB]</p> <p>1:45 Afternoon Shopping [BUS]</p> <p>1:45 Country Store [TV]</p> <p>3:30 Bean Bag Baseball-Lots of laughs together! Competition is stiff, and home runs are frequent but most importantly, we get some exercise and have a really fun time! [ATR]</p> <p>6:45 Toss 'n Talk about Ball- Focus attention and draws you into fun social situations. Open-ended questions encourage sharing. Share memories, opinions, support - even laughter! [VLR]</p>	<p>9:15 Eight Ball [GL]</p> <p>9:30 Blood Pressure Check [VLR]</p> <p>10:00 Coffee and Donuts with Eileen [VLR]</p> <p>10:45 Zumba Gold- An easy-to-follow program that lets you move to the beat at your own speed. It's an invigorating, community-oriented dance-fitness class that feels fresh, and, most of all, exhilarating! [ATR]</p> <p>2:00 Movie Matinee [TV]</p> <p>2:00 Wii Bowling [GL]</p> <p>3:30 Hot Coco & Cookies [ATR]</p> <p>6:45 Bingo [VLR]</p>
<p>9:15 Eight Ball [GL]</p> <p>11:00 Catholic Communion [TV]</p> <p>11:00 Church Service [ATR]</p> <p>2:00 Movie Matinee [TV]</p> <p>3:00 Super Bowl Get Together [GL]</p> <p>4:30 Laughter Yoga- Is a new form of exercise akin to internal jogging that promotes the use of laughter as a form of physical exercise. It has Many health benefits for physical and mental wellness. [VLR]</p> <p>5:00 Piano Music [DR]</p> <p>6:30 Wheel of Fortune- This game is a competition in which players solve word puzzles, similar to those used in Hangman. [VLR]</p>	<p>9:15 Blood Pressure Check</p> <p>9:45 Exercise [GL]</p> <p>11:00 Visionworks- You are encouraged to bring in your glasses for any adjustments, screws replaced or tightened, lens cleaning and nose piece replacements. This is a FREE service. [GL]</p> <p>2:30 Fall Prevention Class-This is a 8 week course. [GL]</p> <p>3:30 Bean Bag Baseball-Lots of laughs together! Competition is stiff, and home runs are frequent but most importantly, we get some exercise and have a really fun time! [ATR]</p> <p>6:45 Texas Hold 'Em [VLR]</p> <p>6:45 Eight Ball [GL]</p>	<p>9:00 Massages-If you would like to get an in room massage please sign up on the clipboard in the activity room. Space is limited. This is a paid service</p> <p>9:30 Exercise [GL]</p> <p>10:00 Funny Money Banking [VLR]</p> <p>2:00 Wii Bowling [GL]</p> <p>3:00 Ambassador Club [TV]</p> <p>6:45 Wheel of Fortune- This game is a competition in which players solve word puzzles, similar to those used in Hangman. [VLR]</p> <p>6:45 Six-Handed Pinochle [LIB]</p>	<p>9:15 Blood Pressure Check</p> <p>9:45 Mystery Trip [BUS]</p> <p>9:45 Exercise [GL]</p> <p>1:30 Avon For Sale [ATR]</p> <p>1:45 Rite Aid [BUS]</p> <p>3:00 Horse Racing [GL]</p> <p>6:45 Bingo [VLR]</p>	<p>9:30 Exercise [GL]</p> <p>10:30 Bible Study [TV]</p> <p>11:00 Chef's Corner</p> <p>2:00 Shuffleboard- Game rules are easy to learn and understand and are designed to keep the game fun. [GL]</p> <p>2:30 Nails</p> <p>4:15 Entertainment- Larry Schacher [DR]</p> <p>6:45 Wii Bowling [GL]</p>	<p>9:30 Exercise [GL]</p> <p>11:00 Dr. Georgia McDade- Poet [VLR]</p> <p>11:00 Pokeno- is a combination of poker and bingo, played like bingo. Instead of playing with a standard bingo card everyone uses a Pokeno card, which has card names and suits on it. As card names are called out, players cover the cards with their poker chips until one of them wins the game. [LIB]</p> <p>1:45 Afternoon Shopping [BUS]</p> <p>1:45 Country Store [TV]</p> <p>3:30 Bean Bag Baseball-Lots of laughs together! Competition is stiff, and home runs are frequent but most importantly, we get some exercise and have a really fun time! [ATR]</p> <p>6:45 Toss 'n Talk about Ball- Focus attention and draws you into fun social situations. Open-ended questions encourage sharing. Share memories, opinions, support - even laughter! [VLR]</p>	<p>9:15 Eight Ball [GL]</p> <p>9:30 Blood Pressure Check [VLR]</p> <p>10:45 Zumba Gold- An easy-to-follow program that lets you move to the beat at your own speed. It's an invigorating, community-oriented dance-fitness class that feels fresh, and, most of all, exhilarating! [ATR]</p> <p>11:00 \$20 and Under Jewelry Party [ATR]</p> <p>2:00 Movie Matinee [TV]</p> <p>2:00 Wii Bowling [GL]</p> <p>3:30 Hot Coco & Cookies [ATR]</p> <p>4:00 Music Trivia & Sing-Along- a music trivia game played to identify specific word or title of song followed by a sing-along (song lyrics provided in large print.) [DR]</p> <p>6:45 Bingo [VLR]</p>
<p>9:15 Eight Ball [GL]</p> <p>11:00 Catholic Communion [TV]</p> <p>11:00 Church Service [ATR]</p> <p>2:00 Movie Matinee [TV]</p> <p>4:30 Laughter Yoga- Is a new form of exercise akin to internal jogging that promotes the use of laughter as a form of physical exercise. It has Many health benefits for physical and mental wellness. [VLR]</p> <p>5:00 Piano Music [DR]</p> <p>6:30 Wheel of Fortune- This game is a competition in which players solve word puzzles, similar to those used in Hangman. [VLR]</p>	<p>9:15 Blood Pressure Check</p> <p>9:30 Traveling Library [ATR]</p> <p>9:45 Exercise [GL]</p> <p>2:30 Fall Prevention Class-This is a 8 week course. [GL]</p> <p>3:30 Bean Bag Baseball-Lots of laughs together! Competition is stiff, and home runs are frequent but most importantly, we get some exercise and have a really fun time! [ATR]</p> <p>6:45 Texas Hold 'Em [VLR]</p> <p>6:45 Eight Ball [GL]</p>	<p>9:30 Exercise [GL]</p> <p>10:00 Handbells [ATR]</p> <p>2:00 Wii Bowling [GL]</p> <p>3:30 Book Club [TV]</p> <p>6:45 Wheel of Fortune- This game is a competition in which players solve word puzzles, similar to those used in Hangman. [VLR]</p> <p>6:45 Six-Handed Pinochle [LIB]</p>	<p>Valentine's Day</p> <p>9:15 Blood Pressure Check</p> <p>9:45 Casino Trip- This month we will be going to Snoqualmie Casino. [BUS]</p> <p>9:45 Exercise [GL]</p> <p>10:00 Alterations- Convenient and affordable alteration services- [VLR]</p> <p>11:15 Entertainment- Uptown Jazz</p> <p>3:00 Horse Racing [GL]</p> <p>6:45 Bingo [VLR]</p>	<p>9:30 Exercise [GL]</p> <p>10:30 Bible Study [TV]</p> <p>1:45 Resident Meeting</p> <p>2:00 Shuffleboard- Game rules are easy to learn and understand and are designed to keep the game fun. [GL]</p> <p>2:30 Bananagrams Game- Fast and frantic, players race against each other to build crossword grids. And it requires no pencil, paper, or board. In this addictive word game, speed wins, not points. You'll have a bunch of fun as you race to the finish by using all of your letter tiles first!</p> <p>6:45 Wii Bowling [GL]</p>	<p>9:30 Exercise [GL]</p> <p>11:00 The Origin and Purpose of Black History Month Talk [VLR]</p> <p>11:00 Pokeno- is a combination of poker and bingo, played like bingo. Instead of playing with a standard bingo card everyone uses a Pokeno card, which has card names and suits on it. As card names are called out, players cover the cards with their poker chips until one of them wins the game. [LIB]</p> <p>1:45 Afternoon Shopping [BUS]</p> <p>1:45 Country Store [TV]</p> <p>3:30 Bean Bag Baseball-Lots of laughs together! Competition is stiff, and home runs are frequent but most importantly, we get some exercise and have a really fun time! [ATR]</p> <p>6:45 Toss 'n Talk about Ball- Focus attention and draws you into fun social situations. Open-ended questions encourage sharing. Share memories, opinions, support - even laughter! [VLR]</p>	<p>9:15 Eight Ball [GL]</p> <p>9:30 Blood Pressure Check [VLR]</p> <p>10:00 Coffee and Donuts with Eileen [VLR]</p> <p>10:45 Zumba Gold- An easy-to-follow program that lets you move to the beat at your own speed. It's an invigorating, community-oriented dance-fitness class that feels fresh, and, most of all, exhilarating! [ATR]</p> <p>2:00 Movie Matinee [TV]</p> <p>2:00 Wii Bowling [GL]</p> <p>3:30 Hot Coco & Cookies [ATR]</p> <p>6:45 Bingo [VLR]</p>
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